



Hennepin Hustle

5 K Run & Fun Walk

10TH Annual Hennepin Hustle

5K Run & Fun Walk

Sunday, June 26, 2016

8:00 am

Hennepin Canal Parkway
Colona, Illinois

TITLE SPONSOR:

Werner Restoration Services, Inc
Colona, IL

Questions: Contact Race Director
Melinda Urban
(309) 792-3384 or (309) 230-6913
Email: Melinda@choosethechief.com

Runner's Awards:

Plaques to first overall Male and Female. Three awards each: 0-14, five-year age groups through 65-69, then 70 & over.

Registration Information:

Pre-registered, postmarked no later than June 17th ----- \$22
After June 17th and race day for all-----\$25

ENTRY FEE IS NON-REFUNDABLE
NO PETS ALLOWED

Additional packet pick up for pre-registered participants only, June 25th 8:00 am – 11:30 @

Black Hawk Bank and Trust 107 1st St. Colona

Race Day Packet Pickup & Late Registration at:

Colona Park Pavilion 6:30 – 7:30 am

Take Hwy 84 to Colona to the Stoplight turn South onto 5th St.
To 5th Avenue.

LIKE US ON FACEBOOK 

www.hennepinhustle5k.com



RACE FEATURES

Online registration at
www.GetMeRegistered.com/HennepinHustle

- Short-sleeved Moisture Wicking T-shirt (Guaranteed to pre-registered only)
- Water Stops & Traffic Control
- Scenic Course Along Hennepin Canal
- Electronic Chip Timing
- RRS Race Circuit
- CBRC Race Circuit
- Local Charities to benefit.

OFFICIAL ENTRY FORM

MAY BE DUPLICATED

PLEASE PRINT

First Name _____ M.I. _____ Last Name _____

Address _____ City _____ State _____ Zip _____

Male ___ Female ___ Date of Birth ___/___/___ Age on Race Day _____ Amount Enclosed \$ _____

Email Address _____ Phone Number _____

Circle Shirt Size (Pre-registered participants guaranteed a shirt). Shirts available on race day until depleted.

XS S M L XL 2XL (add \$1.00) Runner _____ Walker _____

Waiver (must be signed) in consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge Rock River Striders, the city of Colona, Illinois Department of National Resources and its agents, any sponsors, supporters or volunteers from all claims of damages, demands, action whatsoever in any manner arising or growing out of my participation in the Hennepin Hustle 5K Run or Walk. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit and sufficiently trained to participate in this event.

My picture, if taken, can be use in future advertising: Yes ___ No ___

Signature of Participant (Parent or Guardian if under 18) Date _____

Make checks payable to:
Hennepin Hustle 5K
PO Box 758
Colona, IL 61241-8907